

GEAR LIST - 8000M

TRAVEL DOCUMENTS

- ◆ Valid Passport
- ◆ Credit/Debit Card
- ◆ Passport size photos
- ◆ Insurance paper and contact Address
- ◆ Family Members/Company's Contact Address

HEAD

- ◆ Sun Cap/ Desert Cap
- ◆ Balaclava
- ◆ Fleece Hat/ Warm Hat -2 pcs
- ◆ Neck gaiter -2 pcs

UPPER BODY

- ◆ Thermal Top Base Layer -2-4 pcs
- ◆ Fleece Jacket (1-2 pcs)
- ◆ Wind Proof/ Gore Tex Jacket -2 pcs
- ◆ Warm Jacket (1-2 pcs)
- ◆ Down Jacket -2 pcs
- ◆ Cotton/Quick Dry Tshirt -4-6 pcs

HANDS

- ◆ Thin Fleece Gloves (2 Pairs)
- ◆ Heavy Gloves/Wind Stopper -2 pair
- ◆ Summit Gloves for 8000m- 1 pair

LOWER BODY

- ◆ Thermal Bottom Base Layer -2 pcs
- ◆ Fleece Trouser -1 pcs
- ◆ Mid Weight Pants (1-2 Pcs)
- ◆ Wind Proof/Gore Tex Pant -2 pcs
- ◆ Light Weight Quick dry Trekking pants (2-3pcs)
- ◆ Down Pant - 2 pcs
- ◆ Under Wear - 8-10 pcs

FOOT WEAR

- ◆ Trekking Shoes (Gore Tex)- 2 Pair
- ◆ Camp Shoes Sport Shoes -1 pair
- ◆ Summit Boot -8000m
- ◆ Normal Socks (8-10) pair
- ◆ Summit Socks -2 pair
- ◆ Slipper -1 pair

CLIMBING GEAR/EQUIPMENTS

- ◆ Climbing Helmet - 1 pcs
- ◆ Summit Down Suit -8000m
- ◆ Harness- 1 set
- ◆ Belay Devices/Figure of 8/ATC Guide -1 pcs
- ◆ Ascender/Jumar- 1 pcs
- ◆ Lock Carabiner - 4 pcs
- ◆ Unlock Carabiner-2 pcs
- ◆ Tape Slings- 240cm
- ◆ Safety Cowstails/Dynamic Safety Rope- 8mm's 3 meter
- ◆ Crampons (fit with boots) -1 pcs
- ◆ Ice Axe - Semi Technical- 1 pcs
- ◆ Head Light with spare batteries - 1 set
- ◆ Extendable Trekking pole -1 pair
- ◆ Swiss Knife - 1 pcs
- ◆ Ultimeater Watch -1 pcs
- ◆ GPS Tracker

SLEEPING BAGS

- ◆ Sleeping Bag (-30/-40 d.c)- 2pcs
- ◆ Sleeping Bag Liner -1 pcs
- ◆ Mattress Thermarest -1 Pcs
- ◆ Down Mattress (Inflatble)-1 pcs
- ◆ Pillow (Inflatable)-1 pcs

◆ Renting Availalbe
(Extra Charge)

EATING & DRINKING

- ◆ Water Bottle-1 liter
- ◆ Thermos- 1 liter
- ◆ Adventure Cup/Bowl/Spoon-1 set

MISCELLANEOUS

- ◆ Satellite Phone with credit
- ◆ Nail Cutter
- ◆ Rain Coat & Umbrella
- ◆ Hand & Back Warmer
- ◆ Travel Charger/Earbud etc.
- ◆ Power bank, Camera (Opt)
- ◆ First Aid Kit Box
- ◆ Pee Bottle

BACK PACKS

- ◆ Ruck Sacks - 50 liters (minimum)
- ◆ Duffle Bags (120-150 liters)-2 pcs
- ◆ Lundry/Garbage Bag
- ◆ Water Proof Sacks/Dry Bag-3-5 pcs

SUN STUFFS

- ◆ Sun Cream (+50 SPF)
- ◆ Lip Guard (+30 SPF)
- ◆ Sun Glass (UV Protection)
- ◆ Glacier Glasses (Cat2/Cat4)
- ◆ Moisturiser/Lotion

TOILETRIES

- ◆ Toilet Paper/Wet Tissue
- ◆ Toothpaste/Toothbrush
- ◆ Soap/Shampoo/Hand Disinfectant

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